

4 Reasons not to idle

1 Environment: Idling emits CO₂ which contributes to a change in weather patterns, precipitation, sea level rise and wildlife habitats.

2 Health: Idling creates air pollution, which is especially bad for children. It can contribute to asthma, heart disease and even lung cancer.

3 Money: Idling wastes fuel that you're paying for - that just burns a hole in your pocket!

4 Safety: It's harder for pupils to see and hear cars that are actually moving, when they are hidden behind idling cars and buses.

No idling outside our school

Switch your engine off for cleaner air

For more information
in your area contact



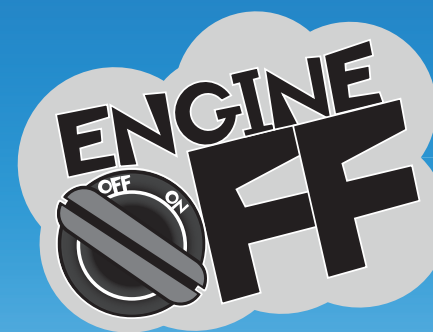
ehealth@lisburncastlereagh.gov.uk
www.lisburncastlereagh.gov.uk/noidling



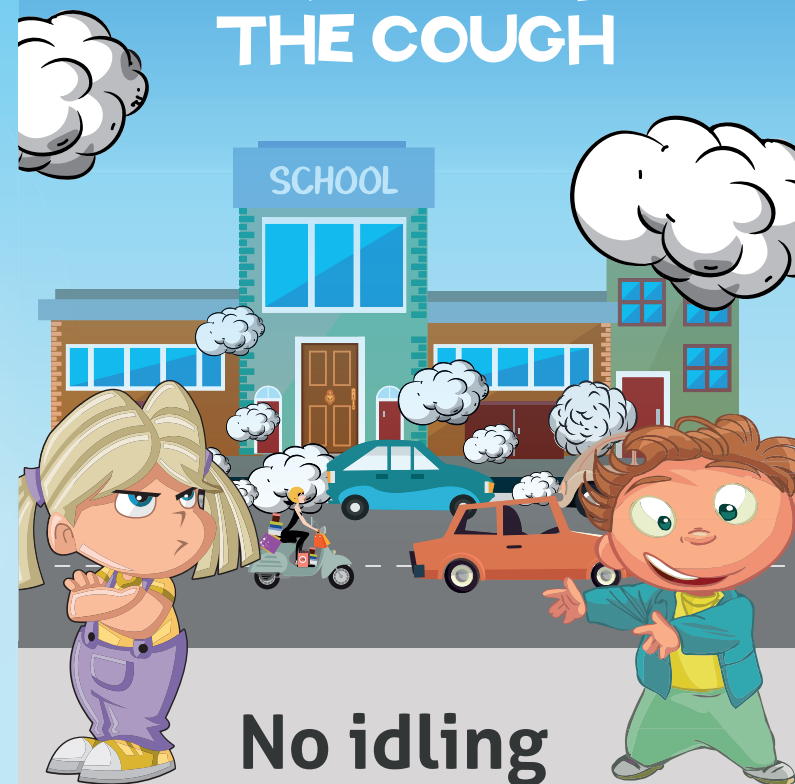
env.health@ardsandnorthdown.gov.uk
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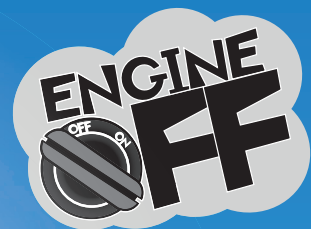


PREVENT THE COUGH



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**PREVENT
THE COUGH**

What is car idling?



Car idling happens when your car engine is running but you're not moving, usually for more than 10-20 seconds eg, when waiting outside school, at a red light or at roadworks.

Letting an engine tick over for a minute a day on the school run generates enough harmful gases to fill 150 balloons. If you extend that period of idling to 5 minutes, your car will emit enough fumes to fill 23 shipping containers!



Idling: the myths and the truth

Idling is 'fuelish' for all sorts of reasons, yet many of us still do it. So our myth-buster guide is here to give you the facts:

1. MYTH - Emissions from idling and driving are the same.

FACT - Idling creates worse emissions than driving. When a car is driving, the engine heats up faster and the catalytic converter becomes more efficient at reducing emissions.

2. MYTH - I can't get fined if I'm parked on a yellow line with the engine running.

FACT - Traffic wardens can fine you if you are parked somewhere you shouldn't be, whether your engine is running or not.

3. MYTH - Engines should be warmed-up before driving. Letting a car idle on a cold day is a good way to warm it up.

FACT - The best way to warm a vehicle is to drive it. Easing into a drive and avoiding excessive engine revving is the best way to get a vehicle's heating system to deliver warmer air faster.

4. MYTH - It's better to idle because stopping and starting will wear out the engine.

FACT - This is no longer a problem with modern engines. You will use less fuel and reduce fuel costs by not idling.

What can you do?

- Don't use the car unless you have to! It's healthier to walk or cycle – and saves you money!
- Switch off your engine if you are parked for more than 10 -20 seconds. It uses less fuel than leaving the engine running.

- Turn your engine off, it will stay warm for 30-60 minutes. Keep the fan running to stay warm on a cold day.
- Put your coat on while waiting on a cold day.
- Use public transport.

